



*for every parent*

Benefits of Triple P:

- ◆ Develop positive parenting skills.
- ◆ Build healthy relationships with your children.
- ◆ Improve child behavior.
- ◆ Using praise to encourage positive behavior.
- ◆ Specific concerns are discussed.
- ◆ Develop realistic family rules and goals.
- ◆ Become more confident as a parent.
- ◆ Learn skills which are effective while parenting in today's society.
- ◆ Trained and qualified staff to support you.

**Now taking registrations for:**

- **Parenting Teens**
- **Evening sessions**
- **On line and in-person service**
- **Group or One-on-One Ses-**



Services available in the following areas:  
High Prairie and surrounding communities,  
County of Big Lakes, McLennan, Falher, MD  
of Smokey River, Slave Lake, MD of Lesser  
Slave River, Wabasca-Desmarais & MD of  
Opportunity



For more information:  
**1-866-218-6859 (toll free)**

To register visit:  
**[www.hpdcrc.ca](http://www.hpdcrc.ca)**