

Multi-Recreation Centre

Fieldhouse User Guide

USERS

Users entering the facility to be screened by oral questionnaire for symptoms of fever, sore throat, cough, runny nose or difficulty breathing and all the symptoms outlined by the Government of Alberta.

Anyone who is sick with cold-like symptoms MUST NOT be in the facility.

All users will be required to give the reception their name, home address, and contact numbers, in the event that they will need to be reached by AHS. This information to be stored in the in a central database.

All staff will ensure that they promote and follow the guidance of Alberta Government requirements.

We will have a stock of pens on hand that if a user needs to use they keep and take with them. In the event the user uses a pen and leaves it behind, the employee will discard it using gloves.

All brochures and paper maps will be located behind reception and given out by the front reception staff if needed.

FIELDOUSE OPERATIONS

Lower Level:

1. Fieldhouse Courts (2 – two courts will be set up, 1 badminton and 1 pickleball on Tues/Thurs; 1 volleyball and 1 pickleball on Monday/Wednesday & Fridays). Users will avoid the other court area and not touch the equipment of any other user group. If a ball or piece of equipment happens to land in the other user groups location both user groups will stop play, the user group where the stalled equipment is located will move at least 2 metres away from the equipment and provide space for the other user group to pick up their equipment.
2. Fieldhouse Nets (2 nets will be available to be booked out. One on the west side and one on the east side). Users will avoid going over the halfway line and will not touch the equipment of any other user group. If a ball or piece of equipment happens to land in the other user groups location both user groups will stop play, the user group where the stalled equipment is located will move at least 2 metres away from the equipment and provide space for the other user group to pick up their equipment.
3. Walking Track – there will be a single lane walking track created around the perimeter of the fieldhouse. Two users will be permitted to book the walking track at a time, maintaining 3 metre distancing at all times (3m markers will be located around the track). A passing zone will be established to aid members in safely passing.

UPPER LEVEL

4. Running Track – 2 users will be able to book at a time the running track. 3 metre markings will be set and running will be required to maintain 3 metre distances at a time, utilizing the passing lane to partake in passing.
5. Spin Bikes/Rowing Machines – Each spin bike/rower can be booked out for a total of 4 individuals using these pieces of equipment.
6. Two portable equipment locations will be taped off for users using weights/ropes/portable equipment. Users will be required to stay within their designated area when using portable equipment.

Users can book the running track and/or a portable equipment location and/or spin bike/rower for their designated booking time.

BOOKINGS

Users can sign up in advance of arrival, by calling the MRC, to use the facility in 55 minute increments. The time slots will run starting every hour, on the hour, for 55 minutes (users can book two time slots if needed).

Users need to arrive dressed, ready to go with only their indoor shoes needing to be put on. We will have designated areas for users to put on their shoes.

Water bottles must be labelled and no sharing of water bottles will be permitted.

Users will be required to arrive no more than 5 minutes prior to the start of their booking time. If they arrive earlier they will be asked to wait outside until it is their designated time. Users will need to have exited the facility by 5 minutes prior to the end of the hour of their booking hour. For example, if a user has booked from 1pm to 2pm, they can arrive at 12:55pm and must exit the facility by 1:55pm.

Bathrooms are currently unavailable in the fieldhouse and users are to use the bathroom facilities located in the lobby area.

MINI LEAGUE PLAY

When playing in a mini league (pre-registered program) that is run by the Town of Slave Lake, users will be required to check in at the front desk and contact trace as well as health screen. If playing in a mini-league run by an other organization (such as minor soccer) the users can proceed directly to the fieldhouse and the organization will conduct the contact tracing and health screening.

PAYMENT

Costs to use the facility will follow the drop-in rates for all activities.

If a member has a currently suspended membership they can use the facility for free of charge from now until instructed otherwise.

We can accept Visa, MasterCard, debit, and cash although cash transactions will be discouraged if other methods are available.

EQUIPMENT

Equipment (portable equipment, pickleball, badminton, volleyballs, basketballs) will be located behind the front desk. When users arrive and have booked requiring use of this equipment, the front desk person will give the items a sanitizing wipe down prior to distributing to user. When the user returns the item, it will again be sanitized. In the event the rec assistant is unable to sanitize the equipment at that moment, there will be a bin that the equipment will be placed in to ensure that it is separated from sanitized equipment.

Users can, and are encouraged, to bring their own equipment from home.